



## **KEEP THY HEART**

"Keep thy heart with all diligence; for out of it are the issues of life" (Proverbs 4:23).

Ships when found in a storm do not sink because of the water outside of the ship. But ship only sinks when the water from outside gets into the ship. The captain of the ship before sailing across the ocean, ensures whether there are holes on its` walls.

Our life is like a ship and the water outside could be disappointment, betrayal, trouble, turmoil, offense. The Captain of our life, our God the Father heals anything that the enemy gains entry into our lives. The main reason for our defeated Christian life is "unbelief." We fail to trust the Lord completely in any given situation. The unbelief is nothing but holes in our life-boat and while sailing they allow the water of disappointment, betrayal, trouble, turmoil, offense to seep inside our life-boat and it starts sinking. What a pathetic situation we create for ourselves!

May our hearts not be contaminated with disappointment, betrayal, trouble, turmoil, offense! These distract us and slow us down in the progress of our victorious Christian life! They slow us down in the race of life!

And that is the reason the Bible tells us to guard our heart: "Keep thy heart with all diligence; for out of it are the issues of life." (Proverbs 4:23). Our heart impacts everything about us. Our heart can be a place of peace, of faith, and of joy, when the Word of God reigns supreme in our hearts!

Under the so many challenges when our heart is filled with God's Word, we overcome by the strength of Lord!

We are strengthened from the inside out: "16. That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man; 17. That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, 18. May be able to comprehend with all saints what is the breadth, and length, and depth, and height. 19. And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fullness of God." (Ephesians 3:16-19).

"Wherefore seeing we also are compassed about with so great a cloud of witnesses, let us lay aside every weight, and the sin which doth so easily beset us, and let us run with patience the race that is set before us" (Hebrews 12:1).

May our good Lord help us to walk before Him, trusting Him totally and may we not to walk in unbelief anymore. May we continue to fill our heart with the Word of God and walk in His love all the days of our lives and live a life of victorious Christians!

May our good Lord continue to bless you and your families! Prema and I love you so dearly and pray for you daily! Write us for we love to hear from you!

Remember, <u>Jesus is Lord,</u> and take with you <u>the Word of God and Faith,</u> excellent traveling Companions. (Psalms 119;105: II Corinthians 5:7)

We thank the Lord for the provision to distribute Grocery Packs to the needy people.



PRAY FOR US!

Thank you for your partnership!